

SEPTEMBER 2025

TBRI® Newsletter

Trust-Based Relational Intervention®
The Baby Fold - Adoption Support and Preservation



TBRI BASICS- WHAT IS ATTACHMENT?

TBRI is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. But what *is* attachment?

Attachment theory explains how we, as humans, form strong bonds with others, starting (and most importantly) in infancy with a primary caregiver(s). These bonds provide a template for feelings of felt-safety, shape how we see ourselves and others, and provide a model for future relationships.

Dr. Karen Purvis described attachment as a “dance”; a dance in the which a child learns the best way to stay close to their caregiver. In healthy, or secure, attachment, a baby learns from an early age that a loving caregiver will consistently meet their needs. The baby cries, the caregiver responds, and their need is met; this is repeated hundreds and thousands of times in the first months and years of life. Attachment is built through patterns of needs consistently being met; this includes physical needs, as well as emotional needs. On the contrary, there can also be patterns of inconsistent or absent caregiver responses, which can lead to insecure attachment.

Securely attached children and adults tend to have a more positive view of themselves and of others, and are typically better at regulating and communicating their emotions. Insecurely attached children and adults tend to have a more negative view of themselves and others, and often have struggles in their emotional regulation, communication, and in relationships in general. Research shows that attachment plays a significant role in a person's mental health, social functioning, and overall wellbeing.

Attachment is the heart and soul of TBRI. It is important to know and understand a child's attachment and history, as well as our own attachment styles as caregivers. Healing happens in relationship and connection!

Check out these resources to learn more:

[TBRI Animate: Attachment](#)

[TBRI Podcast: Attachment- Why It Matters](#)



It's not too late!

Book Club Caregiver Support and Education Group

Join us as we discuss *Raising Kids with Big, Baffling Behaviors* by Robyn Gobbel!
Mondays, beginning September 8th
12-1:00 pm; virtual

Trust-Based Relational Intervention (TBRI) Classes and Caregiver Support

Designed for caregivers and professionals working with children “from hard places”.
Tuesdays, beginning September 16th
5:30-7:00 pm; virtual

Ongoing Parent Support Groups at The Baby Fold:

Wednesday Evening Group (virtual):
Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care.
Meets 2x a month.

Wednesday Noon Group (virtual):
Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care.
Meets 2x a month.

Dads Sharpen Dads (virtual):
A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at
MLegendre@thebabyfold.org or
309-557-1149 with any questions about
ASAP services, groups, or TBRI.

Follow ASAP on our
[Facebook page!](#)



TRUST-BASED RELATIONAL INTERVENTION®

CLASSES AND CAREGIVER SUPPORT



Join our 12-week virtual training designed for caregivers and professionals working with children from hard places. Learn trauma-informed strategies to help children heal, grow, and thrive.

WHAT IS TBRI®?

A trauma-informed program that focuses on meeting the relational and developmental needs of children, while supporting caregivers in building healthy attachments and effective interventions.

KEY TAKEAWAYS FROM THE TRAINING:

- Introduction to TBRI®: Empowering, Connecting, Correcting principles.
- Understand the link between trauma history and development.
- Learn to interpret and respond to behaviors to strengthen attachment.
- Discover strategies for creating felt safety and addressing behavior factors.
- Explore secure attachment and building deep emotional connections.
- Develop practical tools to balance structure, nurture, and correct behaviors.

TRAINING DETAILS

SEPT. 16TH- DEC. 9TH
TUESDAY EVENINGS, 5:30-7:00
12 WEEKS, 3 WEEKS EACH SECTION

REGISTER HERE:

<https://www.eventbrite.com/x/the-baby-fold-tbri-12-week-caregiver-training-fall-2025-tickets-1587124134009>



CONTACT INFORMATION

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Adam Kinzer
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The Baby Fold - Adoption Support and Preservation

Book Club

**CAREGIVER SUPPORT &
EDUCATION GROUP**

*Are you an adoptive, guardianship, or foster parent
struggling with your child(ren)'s behavior, seeking
additional support and resources?*



Join us in discussing

"Raising Kids with Big, Baffling Behaviors"

by Robyn Gobbel

*A 12-week, virtual group beginning on September 8th, 2025
Mondays from 12:00-1:00 pm*

*Email Melissa at MLegendre@thebabyfold.org
to register and/or receive additional info!*



The Baby Fold

DADS SHARPEN DADS

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER"

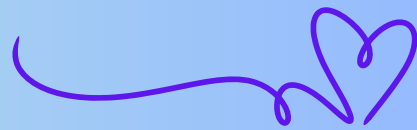
Our Dads Support Group
is virtually hosted on the
1st and 3rd Monday
evening of the month
from 7:15 – 8:15 pm.

"If we can communicate
to our children, 'It's me
and you against history',
then we have a strong
place to begin."



Contact Us

Email Ken Summers at ksummers@thebabyfold.org to sign up



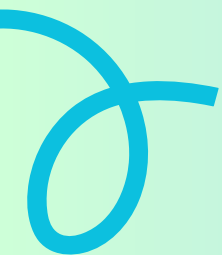
THE BABY FOLD'S

Parent Support Group

2ND AND 4TH WEDNESDAY OF EACH MONTH

Held Virtually from 6:15–7:15 pm

**OUR PARENT GROUP OFFERS SUPPORT AND
EDUCATION FOR PARENTS FOR FAMILIES
FORMED THROUGH FOSTER CARE,
ADOPTION, AND GUARDIANSHIP**



**"You cannot lead a child
to a place healing, if you
do not know the way
yourself."**

~ Dr. Karyn Purvis



**Contact: rhadden@thebabyfold.org or
amunster@thebabyfold.org for more information
and links**



THE BABY FOLD'S **VIRTUAL PARENT SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis