

NOVEMBER 2025

TBRI® Newsletter

Trust-Based Relational Intervention®
The Baby Fold - Adoption Support and Preservation



NOVEMBER: NATIONAL ADOPTION AWARENESS MONTH

November is National Adoption Awareness Month, a time to honor the stories of children and families formed through adoption and to deepen our collective commitment to trauma-informed care. TBRI gives us practical tools to help every child feel safe, connected, and valued - especially those who have experienced early adversity or loss - those who come from “hard places”.

The Baby Fold Adoption Support and Preservation team created a “Connecting through Adoption Awareness Month” daily activity calendar to share with families currently open in our services, as well as anyone interested in engaging! Though the month is about half way over, please feel free to follow along on our Facebook page (see QR code in bottom right corner), where we have been posting the activities daily. Here are some examples of the activities from the past couple of weeks (it’s not too late to participate in these and the rest of the month- these are wonderful connection-based activities for any time!):

- Create a Gratitude Jar- Decorate a jar and fill it with daily notes of gratitude. Read them together at the end of the month.
- Share Family Stories- Discuss favorite family stories and memories.
- Make Thank You Cards- Write or draw cards for social workers, teachers, or mentors who support your family.
- Create a Family Playlist- Build a family playlist of songs that make everyone feel loved.
- “Would You Rather?”- Play this game by taking turns asking “would you rather?” with two options. Can be serious, silly, or both!
- Take a Family Walk- Take a walk and talk about what makes each person unique.
- Family Movie Night- Choose an adoption-positive or family-themed movie and enjoy popcorn together
- Bake Together- Make bread or a yummy dessert!
- Light a Candle- Light a candle in honor of birth families and adoption journeys.
- Dance to Music- Play music and dance together
- Family Game Night- Play favorite board or card games together.
- Handprint Art- Create a keepsake with everyone’s handprints.

Check out these resources to learn more:

[What is National Adoption Month?](#)

[Connecting Through Adoption Awareness Month Calendar](#)

Trust-Based Relational Intervention® (TBRI®) Caregiver Training

TBRI is designed to meet the complex needs of vulnerable children by building connection, empowerment, and correction through relationships.

This training is ideal for caregivers, educators, therapists, caseworkers, and other professionals who support children impacted by trauma, loss, or challenging behaviors.

Wednesdays 9:00am-12:00pm
January 7th through February 25th
Virtual sessions

[Click here to register!](#)

Ongoing Parent Support Groups at The Baby Fold:

Wednesday Evening Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Wednesday Noon Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Dads Sharpen Dads (virtual):

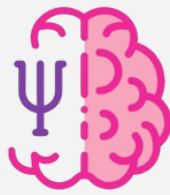
A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at

Mlegendre@thebabyfold.org or
309-557-1149 with any questions about
ASAP services, groups, or TBRI.

Follow ASAP on our [Facebook page!](#)





Neuropsychology
Center for Attention,
Behavior & Learning

Dr. Jennifer Huffman
Neurodivergent Neuropsychology:
The A.B.L.E. Center, DBA



SURVIVING THE HOLIDAYS: HELPING FAMILIES HANDLE HOLIDAY STRESS

The holidays can bring joy *and* stress - packed schedules, big feelings, and family expectations. Join Emily Perepa, LCSW for an evening full of strategies to help regulate your family during this holiday season.

**You'll leave with practical strategies to:
Increase Proactive Regulation
Set Realistic Expectations
Stay Connected**

6:00 PM on November 19th, 2025

via Zoom

Register by emailing:

emily@ableneuropsychologycenter.com

TBRI® CAREGIVER TRAINING



TRUST-BASED
RELATIONAL
INTERVENTION®

TBRI® CAREGIVER TRAINING

Impact of Trauma on
Development

ABOUT THIS TRAINING:

Trust-Based Relational Intervention® (TBRI®) is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles to meet attachment needs, and Correcting Principles to disarm fear-based behaviors.

More About TBRI:



TO REGISTER:

TBRI: Trust-Based Relational
Intervention®



VIRTUAL TRAINING

Wednesdays 9a to Noon
in January & February

For questions reach out to Ken Summers

✉ KSummers@TheBabyFold.org



The Baby Fold

DADS SHARPEN DADS

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER"

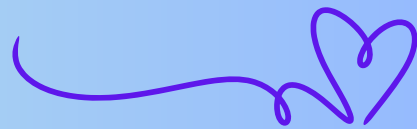
Our Dads Support Group
is virtually hosted on the
1st and 3rd Monday
evening of the month
from 7:15 – 8:15 pm.

"If we can communicate
to our children, 'It's me
and you against history',
then we have a strong
place to begin."



Contact Us

Email Ken Summers at ksummers@thebabyfold.org to sign up



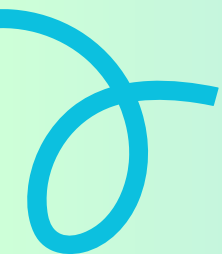
THE BABY FOLD'S

Parent Support Group

2ND AND 4TH WEDNESDAY OF EACH MONTH

Held Virtually from 6:15–7:15 pm

**OUR PARENT GROUP OFFERS SUPPORT AND
EDUCATION FOR PARENTS FOR FAMILIES
FORMED THROUGH FOSTER CARE,
ADOPTION, AND GUARDIANSHIP**



**"You cannot lead a child
to a place healing, if you
do not know the way
yourself."**

~ Dr. Karyn Purvis



**Contact: rhadden@thebabyfold.org or
amunster@thebabyfold.org for more information
and links**



THE BABY FOLD'S **VIRTUAL PARENT SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis