

JUNE 2025

TBRI® Newsletter

Trust-Based Relational Intervention®

The Baby Fold - Adoption Support and Preservation



A SENSORY SUMMER!

Everyone has sensory needs and preferences; children (and adults!) “from hard places” often have different or more significant needs that require attention and care. Here is a brief review of the eight sensory systems:

- External
 - Visual (sight)
 - Auditory (sound)
 - Tactile (touch)
 - Olfactory (smell)
 - Gustatory (taste)
- Internal
 - *Vestibular* (related to spatial awareness, balance, and head position; sensory input is dependent on head position and movement of fluid in the inner ear)
 - *Proprioception* (involves deep muscle and joint sensory input that tells us where our bodies are in space)
 - *Interoception* (processes and integrates sensory input from inside of the body; feeling hungry, full, thirsty, tired, nauseous, feeling the need to use the bathroom, etc. all involve sensory input from inside of the body)



Here are some summer sensory activity ideas for each of the senses:

- *Sight*- nature scavenger hunts, bubble play, art projects, painting, coloring
- *Sound*- outdoor or indoor music play, nature sounds
- *Touch*- water play, sand play, nature walks/exploration, sensory bins
- *Smell*- flower picking, scented Play-doh or markers
- *Taste*- fruit and veggie tasting, making and eating popsicles
- *Vestibular*- swinging, balance beam walking, dancing
- *Proprioception*- trampoline play, hiking, jump rope, obstacle courses
- *Interoception*- mindful breathing, yoga, intentional hydration breaks, body scan relaxation

Additional resources:

[The OT Toolbox: 150 Things To Do This Summer](#)
[Understanding Sensory Processing video](#)

Exciting Opportunity! Trust-Based Relational Intervention Classes and Caregiver Support

Join us for an upcoming training on TBRI! This free, seven-week training will be held virtually from 9am to 12pm starting on June 2nd. The class is open to parents and professionals alike.

[Register by clicking here!](#)

Parent Support Groups at The Baby Fold:

Wednesday Evening Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Wednesday Noon Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Dads Sharpen Dads (virtual):

A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at
Mlegendre@thebabyfold.org or
309-557-1149 with any questions about
ASAP services, groups, or TBRI.

Follow ASAP on our [Facebook page!](#)





TRUST-BASED RELATIONAL INTERVENTION®



Classes and Caregiver support

Join our **7-week virtual training** designed for caregivers and professionals working with children from hard places.
Learn trauma-informed strategies to help children heal, grow, and thrive.

What is TBRI®?

A trauma-informed program that focuses on meeting the relational and developmental needs of children, while supporting caregivers in building healthy attachments and effective interventions.

Key Takeaways from the Training:

- Introduction to TBRI®: Empowering, Connecting, Correcting principles.
- Understand the link between trauma history and development.
- Learn to interpret and respond to behaviors to strengthen attachment.
- Discover strategies for creating felt safety and addressing behavior factors.
- Explore secure attachment and building deep emotional connections.
- Develop practical tools to balance structure, nurture, and correct behaviors.

Training Details

June 2-July 21

Every Monday 9am-12pm
7 weeks, 3 weeks each section

Please note that there will be
no class on June 30

Register here:



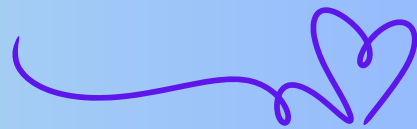
Eventbrite:

<https://shorturl.at/BwKqd>

Contact Information

Adam Kinzer

Email: akinzer@thebabyfold.org



THE BABY FOLD'S

Parent Support Group

2ND AND 4TH WEDNESDAY OF EACH MONTH

Held Virtually from 6:15–7:15 pm

**OUR PARENT GROUP OFFERS SUPPORT AND
EDUCATION FOR PARENTS FOR FAMILIES
FORMED THROUGH FOSTER CARE,
ADOPTION, AND GUARDIANSHIP**



**"You cannot lead a child
to a place healing, if you
do not know the way
yourself."**

~ Dr. Karyn Purvis



**Contact: rhadden@thebabyfold.org or
amunster@thebabyfold.org for more information
and links**



THE BABY FOLD'S **VIRTUAL PARENT SUPPORT GROUP**

1ST AND 3RD WEDNESDAY OF EACH MONTH
12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED
THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE@THEBABYFOLD.ORG FOR
MORE INFORMATION & LINK TO MEETINGS

“You cannot lead a child to a place of healing
if you do not know the way yourself.”
– Dr. Karyn Purvis



The Baby Fold

DADS SHARPEN DADS

"AS IRON SHARPENS IRON, SO ONE MAN SHARPENS ANOTHER"

Our Dads Support Group
is virtually hosted on the
1st and 3rd Monday
evening of the month
from 7:15 – 8:15 pm.

"If we can communicate
to our children, 'It's me
and you against history',
then we have a strong
place to begin."



Contact Us

Email Ken Summers at ksummers@thebabyfold.org to sign up