

## Adoption Preservation Newsletter

### UPCOMING TRAININGS/MEETINGS

#### **TBRI Classroom Training:**

Saturday, March 14- Free viewing of TBRI Classrooms video from 9AM-4PM. The space is limited so please forward this to teachers and administrators. Special preliminary viewings by school administrators are also available by request. Please have your school administrators contact Kathleen Bush if you would like your school to have TBRI Classrooms. Phone: 309-557-1066; email: [kbush@thebabyfold.org](mailto:kbush@thebabyfold.org)

#### **Lunch-time support group:**

- ❖ Urbana; The Baby Fold at 102 E Main St., Urbana, Suite 209; Start date is Tuesday, February 18, 2020 and will run every other Tuesday for 8 weeks. The group will be held from Noon-1pm. Register with Emily Backode ([ebackode@thebabyfold.org](mailto:ebackode@thebabyfold.org)) or Barbara Shelton ([bshelton@thebabyfold.org](mailto:bshelton@thebabyfold.org)); See attached flier for more information.

#### **Lunch-time support group:**

- ❖ Normal; The Baby Fold at 318 Susan Drive; 2/11 & 2/25; noon- 1pm; register with Liz Fultz ([Lfultz@thebabyfold.org](mailto:Lfultz@thebabyfold.org) or 309-531-7444) or Marie Torchia ([mtorchia@thebabyfold.org](mailto:mtorchia@thebabyfold.org)); See attached flier for more information

#### **TBRI Trainings:**

- ❖ Normal; A series of TBRI trainings will be held on the following dates: February 7, 2020, February 21, 2020, and March 6, 2020 from 9am to 4pm. Please see attached flyers for details or call Please contact Lori Hirst at [lhirst@thebabyfold.org](mailto:lhirst@thebabyfold.org) or (309) 557-1139

“Once you see yourself in this role of mentor, encourager, and protector, days become filled with opportunities—opportunities to show your child how to correct his/her mistakes, to practice doing the right thing, to communicate needs with words instead of behavior, and to get positive feedback for his/her efforts.”  
-- Dr. Karyn Purvis

### TBRI TIP OF THE MONTH

**Proactive Strategies** are designed to teach regulation, behavioral expectations and social skills to children during times when they are calm and best able to learn. Remember that our children will learn best when they are praised for doing something correctly, rather than punished for doing something incorrectly. One proactive strategy is teaching *Life Value Terms* (which are then referred to using scripts during times of correction); *Life Value Terms* are taught and practiced during calm times, when the child(ren) feel safe:

- ❖ “With respect” – Teach your child(ren) how to show respect with their words and actions; model this, practice and praise them when you see them showing good respect.
- ❖ “Use your words” – Teach your child(ren) that if they use words, you can better understand what they need and this will help you meet their needs—and build trust—by giving you a chance to say “yes!” Give them suggestions for words they can use to get express themselves in a way that is acceptable to you. Remember that if you teach them to use words, they need you to listen to those words (they might not be very respectful words at first, but then you can use the “with respect” script as needed).
- ❖ “Gentle and kind” – This can be used to teach children how to regulate energy level, how to use gentle and kind words, as well as how to be gentle and kind with their bodies. “Let’s try that again, this time in a gentle and kind way” can be a good way to get a re-do without triggering shame. This is also an easier-to-grasp concept than “respect” for many children, so this is a good script to start with!



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For any comments or questions about the Adoption Preservation program or TBRI please contact Kathleen Bush at (309) 557-1066 or email her at [kbush@thebabyfold.org](mailto:kbush@thebabyfold.org)