

Upcoming Virtual Trainings/Meetings

Contact your therapist or Ken Summers at Ksummers@thebabyfold.org for more information about....

• Parent Support Groups:

- Wednesday Noon group: Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.
- Dads Sharpen Dads: A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Coming soon!:

TBRI Caregiver Training evening group (Fall 2023)

"We never accept hurtful or wild behavior from a child – but we also do not punish, reject, or bribe because those strategies don't build long-term success." -Dr. Karyn Purvis

TBRI Tip of the Month

• Levels of Response (1&2): The purpose of correction is to teach, not punish; we must correct the way the child understands the world and how relationships work. An ideal correction results not only in changed behavior, but children should also feel content and connected to their caregiver. Effective correction requires emotional felt safety, and a balance of structure (correction) with nurture (connection). Remember, always return to playful engagement ASAP after a correction!

Level 1- Playful Engagement

- Total Voice Control (tone is warm, volume is moderate, cadence is quick and playful)
- Redirect child without breaking stride
- Use consistency but also be flexible, if needed
- "Would you like to try that again with respect?" or "Are you askin' or tellin'?"

Level 2- Structured Engagement

- Total Voice Control (tone is firmer but not harsh, volume is still moderate, cadence is slower)
- Increase structure by offering limited choices
- Use 're-dos' as opportunities to succeed, praise positive behavior as soon as it happens



VIRTUAL PARENT SUPPORT GROUP

1ST AND 3RD WEDNESDAY OF EACH MONTH 12:00-1:00 PM

SUPPORT AND EDUCATION FOR FAMILIES FORMED THROUGH ADOPTION AND GUARDIANSHIP

EMAIL MELISSA AT MLEGENDRE THEBABYFOLD. ORG FOR MORE INFORMATION & LINK TO MEETINGS

"You cannot lead a child to a place of healing if you do not know the way yourself."

– Dr. Karyn Purvis

Dads Sharpen Dads

""As iron sharpens iron, so one man sharpens another."

The Baby Fold

Dad's Support Group

1st & 3rd Monday evenings

7:15 pm—8:15 pm

Email Ken Summers at ksummers@thebabyfold.org to sign up!

" If we can communicate to our children,

It's you and me against your history,

We have a strong place to begin."

Dr. Karyn Purvis