



Trust Based Relational Intervention: Correcting Principles

Goal: To help children learn appropriate strategies for getting their needs met and successfully navigating challenging situations day to day.



1. **Proactive Strategies Part 3**
2. **Responsive Strategies**

Click on the underlined words below which are links to videos and websites to learn about Re-dos:

Re-dos

A re-do gives your child the chance to build a pathway in their brain for the healthy action. Dr. Karyn Purvis shares that the healthy positive behavior for kids from hard places is like a jungle trail while the survival behavior is like a 4 lane highway. By giving your child the chance to re-do an action, you are helping them to clear that jungle trail and making it a little easier each time to choose the healthy positive behavior.

Questions to ask yourself: How Can I implement Re-dos?

1. Do I make direct eye contact with my child and go to my child's level when correcting?
2. Am I willing to give choices to my child?
3. Does my reaction fit the child's behavior?
4. Do I know how to predict my child's behaviors so I can be proactive?
5. Do I understand the importance of staying connected through correction?

Other Resources:

- [TBRI-IDEAL Response](#)
- [Setting your Child up for Success](#)
- [Importance of Repairing your mistakes](#)

[Path Beyond Adoption Website](#)

- Partners available to help after adoption and guardianship

Free online courses available through August 31, 2020:

- [TBRI 101: A Self-Guided Course in Trust-Based Relationships](#)
- [TBRI & Trauma Informed Classrooms](#)

"Re-dos give children a chance to practice a new behavior in a fun and playful way while building self-esteem through success."

-Dr. Karyn Purvis

Our virtual support groups are up and running! Ask your therapist or email Ken Summers at Ksummers@thebabyfold.org for more information regarding virtual support groups.