



## Upcoming Virtual Trainings/Meetings:

Contact your therapist or Ken Summers at [Ksummers@thebabyfold.org](mailto:Ksummers@thebabyfold.org) for more information. Client (under 18 yrs old) groups are for current ASAP clients only.

- ❖ **Hope for the Journey Conference:** equips parents and caregivers meeting the everyday needs of children impacted by adoption and foster care and further resource churches in their endeavors to be beacons of hope and encouragement for families in their congregation and surrounding communities. Contact [mroberds@thebabyfold.org](mailto:mroberds@thebabyfold.org) Meets Thursdays (4/22, 4/29, 5/6, 5/13, 5/20).
- ❖ **Tuesday Night Parent Support group:** provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 1x a week.
- ❖ **Wednesday Daytime group:** is similar to the group above but is offered during the day. Meets 2x a month.
- ❖ **Single Parent Support group:** is for single caregivers who are raising a foster or adopted child. Possible topics include anxiety, stress, self-care, balance, etc. Meets 1x a week.
- ❖ **Mom's Support group:** Primarily focuses on support, celebrating successes and share/discuss challenges. Meets 1x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week.
- ❖ **Teen Group:** Tuesday evenings where teens throughout The Baby Fold services can connect to get support on personal, social, and school related issues. Meets 1x a week.
- ❖ **Transracially Adoptee Support group:** A safe space for transracially adopted kids/youth to talk about things that are not talked about, yet necessary. Topics to include, but not limited to, race, culture, identity challenges, colorism, isolation, and other important topics. Tuesdays 3-4pm (7-12yr olds), 4-5 pm (Teenagers). Meets 1x a week.
- ❖ **Ethnic Hair and Skin Care Parent group:** Join a supportive group of adoptive and foster parents in learning all about how to care and maintain your child's skin and hair. Mondays starting June 7<sup>th</sup>, 2021.

## TBRI Tip of the Month

"The key is to treat the whole child, with all his or her interrelated needs, not just one small aspect of behavior or illness."  
 -- Dr. Karyn Purvis

Behavioral Scripts must be taught and practiced proactively, and can be a reliable way to provide correction in a quick, mild yet effective way during times of misbehavior.

- ❖ **Re-Do's . . .** Give children a chance to practice a new behavior in a fun and playful way while building self-esteem through success. Re-do's are NOT intended to be punishment, but rather instruction.
- ❖ **Choices and Compromises . . .**
  - Be sure to use a warm, authoritative tone of voice and gain eye contact if possible.
  - Keep the choices to two options that you find acceptable, but be willing to listen and compromise if the child has an acceptable alternative suggestion.
  - Have the child verbally repeat all the steps of their choice and then repeat them yourself, so that expectations are very clear and predictable.
  - Empower your child by sharing power (letting them choose) while also providing structure (limiting choices to acceptable options).