



## Upcoming Virtual Trainings/Meetings:

Contact your therapist or Ken Summers at [Ksummers@thebabyfold.org](mailto:Ksummers@thebabyfold.org) for more information. Client (under 18 yrs old) groups are for current ASAP clients only.

- ❖ **Online Trust Based Relational Intervention training** – see flyer or contact Ken Summers for more information
- ❖ **Tuesday Night Parent Support group:** provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 1x a week.
- ❖ **Tuesday Daytime group:** is similar to the group above but is offered during the day. Meets 2x a month.
- ❖ **Single Parent Support group:** is for single caregivers who are raising a foster or adopted child. Possible topics include anxiety, stress, self-care, balance, etc. Meets 1x a week.
- ❖ **Mom’s Support group:** Primarily focuses on support, celebrating successes and share/discuss challenges. Meets 1x a month.
- ❖ **Dads Sharpen Dads:** A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 1x a week.
- ❖ **Teen Group:** Tuesday evenings where teens throughout The Baby Fold services can connect to get support on personal, social, and school related issues. Meets 1x a week.
- ❖ **Transracially Adoptee Support group:** A safe space for transracially adopted kids/youth to talk about things that are not talked about, yet necessary. Topics to include, but not limited to, race, culture, identity challenges, colorism, isolation, and other important topics. Tuesdays 3-4pm (7-12yr olds), 4-5 pm (Teenagers). Meets 1x a week.
- ❖ **Ethnic Hair and Skin Care Parent group:** Join a supportive group of adoptive and foster parents in learning all about how to care and maintain your child’s skin and hair. Mondays starting June 7<sup>th</sup>, 2021.

## Celebrating Juneteenth

“Every year we must remind successive generations that this event triggered a series of events that one by one defines the challenges and responsibilities of successive generations. That’s why we need this holiday.” — Al Edwards

What is Juneteenth?

- ❖ “Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the war had ended and that the enslaved were now free. Note that this was two and a half years after President Lincoln’s Emancipation Proclamation – which had become official January 1, 1863”. “Juneteenth today, celebrates African American freedom and achievement, while encouraging continuous self-development and respect for all cultures. As it takes on a more national, symbolic and even global perspective, the events of 1865 in Texas are not forgotten, for all of the roots tie back to this fertile soil from which a national day of pride is growing”. ([Juneteenth.com](http://Juneteenth.com))

Central Illinois Juneteenth celebrations

- ❖ [Bloomington-Normal](#)
- ❖ [Champaign](#)
- ❖ [Springfield](#)



# ONLINE TRUST-BASED RELATIONAL INTERVENTION®



**INTRODUCTION AND OVERVIEW-JUNE 23, 2021**

**CONNECTING PRINCIPLES: UNDERSTANDING ATTACHMENT- JUNE 30<sup>TH</sup> & JULY 7<sup>TH</sup>, 2021**

**EMPOWERING PRINCIPLES – JULY 14<sup>TH</sup> & 21<sup>ST</sup>, 2021**

**CORRECTING PRINCIPLES- JULY 28<sup>TH</sup> & AUG. 4<sup>TH</sup>, 2021**

**(PARTICIPANTS NEED TO ATTEND CONNECTION AND/OR EMPOWERMENT TO ATTEND CORRECTIONS)**

**1:00 PM – 4:00 PM**

**Trust-Based Relational Intervention® (TBRI®)** is a trauma-informed program for caregivers and professionals who work with children who "come from hard places." TBRI® is designed to meet the basic relationship and developmental needs of these children, as well as the needs of the adults who seek to help them heal, learn, and grow.

These classes will:

1. Provide an introduction and overview of TBRI®
2. Explore the three TBRI® core principles: Empowering, Connecting, and Correcting.
3. Provide participants with insight into the connection between a child's trauma history and their long-term development.
4. Enhance participants' understanding of how to interpret a child's behaviors and respond in a manner that strengthens relationships and attachment.
5. Create a framework for the practical application of TBRI® concepts and strategies across settings.
6. Examine what secure attachment looks like between children and caregivers.
7. Teach helpful ways to build and strengthen deep emotional connections with children who come from "hard places."
8. Enhance participants' understanding of how children's behaviors can be impacted by their attachment histories.
9. Explore how each caregiver's own attachment history influences the way we parent and care for children.
10. Explore in depth the concept of felt safety and how felt safety impacts emotional regulation and behaviors in children.
11. Enhance understanding about the physiological (internal) roots of children's behavior as they relate to sensory needs, hydration, and blood glucose levels.
12. Enhance understanding about the ecological (external) factors that also influence children's behaviors.
13. Develop strategies for meeting the physiological and ecological needs of our children in order to create felt safety and empower them to be successful.
14. Lay foundation for understanding how to balance structure and nurture during interactions with children.
15. Enhance understanding of the TBRI® IDEAL Response© and Levels of Response™.
16. Explore application of Correcting Principles in a way that strengthens felt safety and emotional connection while successfully changing negative behaviors.

[Purvis, K., Cross, D.R, & Hurst, J.R. (2012)]

Training will begin at 1:00 pm and will end by 4:00 pm each Wednesday starting June 23, 2021.

Training Location: Online through a Zoom link provided after you have registered with Ken.

To register, please contact Ken Summers at [ksummers@thebabyfold.org](mailto:ksummers@thebabyfold.org). If you have any additional questions, please call Ken at (309) 532-3281. **This online training is free, but advance registration is required.** Seating is limited.

Interested Participants: Parents (Caregivers), Teachers, Mentors, Counselors, Juvenile Justice Providers, Case Workers and other Caring Professionals. This is not a train the trainers training.

References:

Purvis, K., Cross, R.R., & Hurst, J.R. (2012). *Trust-Based Relational Intervention: TBRI® Introduction and Overview* [Instructor Workbook]. Fort Worth, TX: TCU Institute of Child Development.



# THE BABY FOLD **PARENT SUPPORT GROUP**

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**TUESDAY EVENINGS**  
**8-9PM**

EMAIL EMILY BACKODE AT [EBACKODE@THEBABYFOLD.ORG](mailto:EBACKODE@THEBABYFOLD.ORG) OR  
MARY ROBERDS AT [MROBERDS@THEBABYFOLD.ORG](mailto:MROBERDS@THEBABYFOLD.ORG) FOR MORE  
INFORMATION

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“You cannot lead a child to a place of healing  
if you do not know the way yourself.”  
-- Dr. Karyn Purvis